

5 SIMPLE STEPS TO GET READY

Getting prepared for a disaster is within your reach.



Get Alerts to know what to do and when

In a disaster you need to know what to do, where to go and when. Sign up to get alerts from trusted local agencies.

AlertMarin.org
Nixle.org
[PG&E Public Safety Power Shutoff \(PSPS\)](#)



Make a Plan to protect yourself and others

Know who **you** will rely on and who relies **on you**. Establish an out-of-area contact and share your plan with the people you care about.



Pack a Go Bag with items if you need to evacuate

You may not have a lot of time to collect items if you have to evacuate quickly. Pack a Go Bag ahead of time for each member of your household.



Assemble a Stay Box if you shelter at home

Be prepared to shelter in place for 5-7 days. Think about the specific needs of those in your family.

Store food, water, extra medications, and know how, and when, to turn off your gas and water.



Help friends and neighbors get ready

When a disaster happens and people need help, neighbors turn to neighbors.

Join a Neighborhood Response Group in your area (or start your own) to share information, prepare and train together.

Today is a great day to get prepared.
www.ReadyMarin.org

READY
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GATHER & ORGANIZE SUPPLIES

Gather your emergency supplies to **Go** (evacuate) and to **Stay** (shelter in place). To organize your supplies, you will need a backpack and a storage box.

Go Bag / Evacuate

A **Go Bag** is a backpack for items you need if you have to evacuate quickly. Pack a **Go Bag** for each member of your household including your pets.

Make a Plan checklist

Wallet, personal ID, credit/debit cards, cash in small bills
Water and snacks
Flashlight or headlamp
N95 masks
5-7 day supply of medications

Cell phone charger, battery bank
Small First Aid kit
Warm clothes (extra underwear and socks)
Personal hygiene and sanitation supplies
Eyeglasses and other medical aids
Computer and portable media backups

A **Last Minute List** contains the irreplaceable possessions you want to take with you (if you have time) when you evacuate.

To help you prioritize, think about the 10 items you would take if you had just 10 minutes to evacuate.

Stay Box / Shelter in Place

In the event of a major disaster you might need to shelter in place at home and survive on your own resources for 5-7 days.

Water – 1 gallon per person per day
First Aid kit and manual
Flashlight or headlamp, batteries
Fire extinguisher (put in the kitchen)
N95 masks
Non-perishable food with pop-top lids
Food for those with special diets

Warm clothes, shoes and socks
Radio – battery, solar or hand crank
Tools – wrench, duct tape, hammer
Work gloves, scissors, rope
Camping supplies, tent, cooking stove
Sleeping bags, blankets

Extra eyeglasses, contacts, hearing aids
Personal hygiene and sanitation supplies
Portable toilet, bucket, trash bags
Infant and toddler items – diapers, wipes
Toys and games for kids
Pet food, leash, crate, medicine, litter